

# Fascial Manipulation® course level II

## LEVEL II

	FIRST DAY	
8.00am	Registration	
8.30-10.00	Presentation of cases treated by students	Theory
10.00-10.15	break	
10.15-12.30	Centres of fusion - anatomy and physiology, retinacula, diagonals, and spirals	Theory
12.30-1.30	Lunch (on your own)	
1.30-3.00	Centres of fusion - diagonals, and spirals	Theory
3.00-3.15	break	
3.15-5.00	Comparative assessment: movement and palpatory assessments of the lower limb, upper limb, head and trunk	Practical and evaluation of Palpatory skills
5.00-6.30	Mf diagonal and centres of fusion: ante-latero	Theory/Demo Practical
	SECOND DAY	
8.30-10.00	Fascia and physiology of motor control	Theory/Demo Practical
10.00-10.15	break	
10.15-12.30	Mf diagonal and centres of fusion: ante-medio	Theory/Demo Practical
12.30-1.30	Lunch (on your own)	
1.30-3.00	Mf diagonal and centres of fusion: retro-medio	Theory/Demo Practical
3.00-3.15	break	
3.15-6.30	Treatment demonstration	Theory/Demo Practical
	THIRD DAY	
8.30-10.00	Mf diagonal and centres of fusion: retro-latero	Theory/Demo Practical
10.00-10.15	break	
10.15-12.30	The global assessment chart	Theory/Demo Practical
12.30-1.30	Lunch (on your own)	
1.30-4.00	Guided treatment session	Theory/Demo Practical
	FOURT DAY	
8.30-10.00	CFs diagonal, and spiral the rule of retinacula	Theory
10.00-10.15	break	
10.15-12.30	Comparative assessment CCs and CFs	Theory/Demo Practical
12.30-1.30	Lunch (on your own)	
1.30. 3.00	Myofascial spirals	Practical
3.00-3.15	break	
3.15-6.30	Review assesment charts	Theory/Demo Practical
	FIFTH DAY	
8.30-10.00	Postural adaptations and the fascial system	Theory/Demo Practical
10.00-10.15	break	
10.15-12.30	Treatment demonstration	Theory/Demo Practical
12.30-1.30	Lunch (on your own)	
1.30-3.00	Guided treatment practice	Theory/Demo Practical
3.00-3.15	break	
3.15-6.30	Review CCs and CFs by area	Group work
	SIXTH DAY	

8.30-10.00	Treatment of a patient by group – anamnesis, hypothesis, movement tests and palpation verification, treatment, reassessment.	Group work
10.00-10.15	break	
10.15-12.30	Treatment strategy	Theory/Demo Practical
12.30-1.30	Lunch (on your own)	
1.30. 3.00	Exam level II	Practical
3.00-4.00	Question time	Theory/Demo Practical

The program may be subject to change.